



Respite Care at the Seniors Health and Wellness Village (SHWV) at Peel Manor

Short-term support. Long-term well-being.

Caregiving is one of the most meaningful roles a person can hold, and also one of the most demanding. Across Peel, more families are supporting loved ones who are aging, living with dementia, frailty, disability, or chronic illness. Respite care at the Seniors Health and Wellness Village (SHWV) at Peel Manor exists to support them proactively, before stress becomes crisis.



What is overnight respite care?

Overnight respite care provides planned, short-term stays (7-14 days) that allow caregivers time to rest, work, travel, or focus on their own health, knowing their loved one is safe, supported, and engaged.

Clients receive personalized care in a warm, purpose-built environment, while caregivers gain peace of mind and a renewed sense of balance.

What clients can expect

During a respite stay at the SHWV, clients receive:

- A private bedroom and private bathroom
- Three nutritious meals and snacks daily, tailored to dietary needs
- Support with daily living, including bathing, dressing, and washroom assistance
- Medication assistance from trained staff
- Access to Adult Day Services and recreational programming
- The reassurance of a Registered Nurse on-site

Who respite care supports

Respite care is appropriate for adults (18+) who are frail, living with dementia, a disability, chronic illness, or other health conditions, and who have a valid Ontario health card.

It is not emergency care or rehabilitation; it is pre planned support designed to prevent burnout and sustain caregiving over time.

Why this matters now

Peel's population is aging rapidly. **By 2041, one in five residents will be over 65.** At the same time, over **90% of Ontario seniors** want to stay in their own homes as long as possible. Respite care is a critical part of making that goal achievable.

With **\$900,000 in new annual provincial funding**, Peel Region can now ensure overnight respite care at the SHWV is available to families who need it.

What caregivers say

"It has been life changing. I now feel that I have a support system that allows me to finally take a break and time away without feeling guilty or worried."

– Teresa

"We feel that we are leaving Mary with family. We can go home knowing that Mary will be safe, happy, and well taken care of."

– Robert and JoAnne

In a recent survey of caregivers whose loved ones stayed in the program:

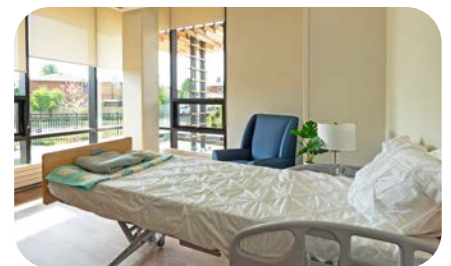
- **100%** reported satisfaction with the care provided
- **95%** reported reduced caregiver stress or strain

Putting cost into perspective

For the sake of comparison, a 7-14 day hotel stay typically costs several hundred dollars per night, quickly adding up to thousands of dollars for just the room! A hotel stay does not include personal care, meals tailored to dietary needs, medication assistance, nursing oversight, or daytime programming.

Overnight respite care at the SHWV:

- Costs about **\$82 per day**, including Adult Day Services activities
- May offer subsidies for those with low income
- Can be used multiple times per year, subject to availability



In other words, respite care delivers comprehensive, 24 hour support at a fraction of the cost of a hotel stay, while offering families something truly special: peace of mind.

Learn more

If you or someone you know could benefit from overnight respite care at the Seniors Health and Wellness Village at Peel Manor, we invite you to learn more.

Follow the link or scan the QR code to complete the overnight respite care interest form.

Share it with a caregiver who may find it helpful.



peelregion.ca/services/respice-care

Caring for caregivers is how we help Peel residents age safely at home for as long as possible.